

A photograph of two men against a purple background. On the left, a man with dark hair and a goatee is shirtless, wearing a black jacket that is open over his shoulders. He is looking towards the right. On the right, a man with dark hair and a goatee is wearing a white suit jacket over a white shirt. He is looking towards the left, with his hand resting on his chin in a thoughtful pose. Two white thought bubbles are positioned above the men. The first thought bubble, connected to the shirtless man by a series of small circles, contains the text "Sex, sex, sex". The second thought bubble, connected to the man in the white suit by a series of small circles, contains the text "I just want your mind...".

Sex,
sex, sex

I just want
your
mind...

To be classed as some quick philosophical ramblings...

So I was asked: Do men mostly just want women for sex?

Firstly I am not sure if this is to mean 'most men', or 'all men and the main reason any man would want a woman is for sex'. But lets give it a go as this will answer either way...

I would first then ask, do women just want men for sex? Or do women just want men for money?

As the answer to all three of those would be - some do! But not all, however, many will attract and be attracted to a certain type of person.

It is common for women to openly state that men only seem to want them for sex but far less common for a man to openly say this. The reason being that society does make it seem believable to a man that his sexual conquests in the perspectives of other men is to be admired and yet for a woman to the perspective of other woman they would more likely be deemed a slut and thus it is perceived to be a bad thing. But that does not mean that the desires of both are completely different.

I can openly say this as it did use to get to me seeing women on social media openly slating men who appear to just want them for sex or to send unsolicited nudes etc. I would get that kind of dm from females every single day! I would receive nudes and react the same way a female may to receiving such from a male, eww why on earth do I want to see that? I would usually just delete and block as opposed to share all over facebook that this is happening, sometimes these women would have partners, the same as many men who do the same do. Or, far more frequently, the same with many women, I would receive messages commenting on how hot I am or even directly propositioning me. Both sex's are the same here and it is understandable when you think about it...

As a fitness professional I was showing and flaunting my body and visual appearance, if that is what I am sharing with confidence then how could I not expect to have women who at that time in their lives have visual appearance as a highest value appear in my inbox? Those women in the main are seeing me as an object and therefore are thinking thoughts of a sexual nature. I of

course have seen a shift and yet an interesting one in that I still love the fitness aspect and my visual appearance so whilst those messages are becoming fewer and fewer (thank god!), I would recently scream inside - what about my brains! Did you not read the intellectual post that came with that picture? But those pictures would still attract the females who are valuing the visual appearance and have physical sexual encounters as a higher desire at that moment in their lives. Of course, it would follow that I would also attract those who did pick up on the intellect too.

The same works in real life, the women I attract now are of course often attracted to the visual appearance but I also attract far more women now who are attracted to the mind. It means that in some encounters and first meetings with a female in a bar or just on the street, I have that confidence knowing that my mind is more attractive than the physique (until you get to know me too well and see all the, no doubt, sometimes patronising downsides to that mind), it means I know I can make a woman feel a certain way with the way I say hello and recently joked that I could make a female have an orgasm just by using my mind. This sounds arrogant I know and it is not something I go out to try to use I am though trying to write as a philosopher and just be open and honest in a way men feel they shouldn't. But that all comes from the change in values, I value the mind more than the physique and when you are practicing psychology 24/7 because you are obsessed with it, you get very good at it! What it boils down to is confidence, I get more attention overall now than I would when I was not middle aged and had considerably more muscle but confidence is what attracts. Energy, everything is about energy.

So, the same works in reverse, I will lose my mind now when I do encounter a female who can challenge me there! I can think of one recent encounter where because in conversation I was feeling intimidated, this was extremely attractive to me and I blurted out jokingly - "Will you marry me?" We had only just met! If you know though about my own love life and what I have shared about the recent relationships you will also see where this attraction and by its nature, what I attract, is a downside too and my greatest weakness even! Challenge my mind, impress me with your intellect and I have to run for the hills as otherwise, I am yours lol!

Yet there was a time where sex was a first thought, but that is something that men will do when they have voids there themselves. I became the man that women wanted to use for sex once I did not care about it in interactions myself and I will admit I know when I stopped caring about it as much as other areas in a relationship. Sorry for being crude here, and I am going back to my early 30's but when you have tied a girlfriend to the bed with restraints and taped a farther

duster against her xxx with a hairdryer positioned carefully to blow the feathers, then left her and walked out to meet friend for a drink, there is not much else left to conquer! Excuse the term but that is subconsciously that we as humans, male and female, often feel we need to do, I think Drew Barrymore recently admitted something similar. Or is there something left? What about having no insecurities? What about the opposite of control? You can perhaps see why many in later life then become more interested in acts of a more BDSM nature. And so, it was after that when I became so much more attracted to the mind and from then until now, would need the emotional attachment with someone to really enjoy sex. To me now, sex with a random person, or a one night thing is not just meaningless but not at all enjoyable.

So, a female who needs to feel physically attractive for their self confidence or gratification will attract men who fit that energy, those that compliment her and make her feel good will in turn become attractive to her. Those men will sense this and act on it, the same way a female would. Note thought that this is all visual attraction, the desire and the reactions. A female who has cosmetic surgery to alter their appearance to make them feel good again about themselves after being hurt, the same way a man may build more muscles after their own hurt, will attract what links with that energy - the person who makes them feel good about their appearance. That person may not directly say so, but hey you have improved your physical appearance and then attracted someone who is only interested in the physical, if you can not see that is happening then that is not their fault. That said, openness and honesty should always be the case as we should not look down on a male or a female who wants someone else simply for sex or for any other endeavour as long as they are open about the fact with each other.

It is though sad that many are so desperate for that conquest that they use techniques to achieve that objective irrespective of the hurt it will later cause to the other person and men who are not completely secure in themselves will do this a lot. The male will project his alpha qualities and use the techniques to seduce the female, they may of course if questioned "pretend" that friendship is their only intention, or coerce the female into thinking that they are really falling for them and interested in them. Yet, once the goal is achieved they then change completely. The same does happen in reverse but the female has a different approach by means of social expectations, the female will listen to the man, whilst learning their values and then begin to appeal to those to gain closeness.

We are both just a different sex of an animal that has developed a psychological ability that is far far in excess of that developed by any other animals and therefore both sexes use that to their advantage in different ways.

I have worked with enough people from both sex's to know that we do both get hurt just as much, we do both have desires of sexual and non-sexual nature in equal amounts, but we portray ourselves differently. Men, will try to convince us that they are not hurt and that they do not care, whilst women will let you know how much they have been hurt. Of course I am generalising here, but the point is we are both the same but the way our psychology has formed since birth provokes different responses.

I know as many men who desire a loving and loyal partner for things outside of the sexual nature of a relationship as women! But as I always say to people I work with - you will only attract the right person once you are completely happy in yourself. Otherwise, you will attract someone who fills that void, this can be a genuine filling of a void or a manipulated filling. The female who is not completely confident in herself and say she has been hurt recently by way of comments on her physical appearance will openly take in the male who fills that void by making her feel good on her physical appearance. The male who has had their partner cheat on them and leave them, will quickly take in the female who appears to be nurturing and loving if they are not completely happy in themselves first.

The answer is to be completely happy in yourself! Then you are not looking, there are no voids to fill, you do not need gratification from another as you love you and your life as it is. There is no need to feel cuddled up to someone at night (that is not to say you would not enjoy that, but a like and a yearning are very different) as you are going to be simply going to sleep after having a wonderful day at work, great day with friends, feel good knowing that there were people looking at you in the street, the gym made you feel amazing, that book was great - goodnight I can not wait for tomorrow!

Guess what happens then? You only let someone into your life who is enhancing it, not filling a void which makes an unhappy person temporarily happy. In such a case it is easy for the male or female who only wants sex or money or any other objective thing to manipulate you, they fill that void, you think they are great and thus they can take what they want.

Learn to love you and then you will attract the people in your life who will enhance it and not use you for sex!